



Depression Is Not Normal Aging

Oct. 5 | 12pm
Free Lunch & Learn
Lagerborg Dining Room
Baxter Regional Medical Center

Seniors and their families are invited to a **free** lunch & learn led by Medical Director and board certified Geri-Psychiatrist, Tom Foster, MD. He will speak on the topic of depression and how it affects seniors. Though depression isn't normal at any age, over 7 million seniors suffer with significant symptoms of the disease. Unfortunately these problems often go unrecognized or untreated. Join us to learn more about the signs and how we can help.

To register, please call **870-508-3880** | Mruk Family Education Center on Aging

Hensley Behavioral Health Center | Especially for Seniors

- Confidential treatment
- Psychiatric & psychosocial assessment
- Group, individual and family therapy
- Medication management
- Therapeutic activities
- Coordinating the patient's care with the individual's primary care physician
- Discharge planning

Treatment Team

Our treatment team is multi-disciplinary in design to ensure the best possible patient care. Along with the patient, family members, and the family doctor, the team includes:

- Psychiatrist
- Nurse Manager
- Therapist

For more information call, **870-508-6400**.

**Hensley
Behavioral
Health
Center**

