

GRIEF SUPPORT GROUPS

Hospice of the Ozarks offers in-person grief and loss support groups, at no cost, at the following locations and times:

- **Mondays**, 10:00 am to noon, Hospice of the Ozarks Administration Building
811 Burnett Drive, Mountain Home, AR, (870) 508-1771
- **Tuesdays**, 3:30 to 5:00 pm, Hospice of the Ozarks Administration Building
811 Burnett Drive, Mountain Home, AR, (870) 508-1771
- **Third Thursday** of each month, 2:00 to 4:00 pm, Kirby and Family Funeral
Home 717 Central Blvd, Bull Shoals, AR, (870) 445-4227

For more information about this program or any other concerns you may have, please feel free to call (870) 508-1771.

For free, online grief support, you may consider the following:

Grief Share	griefshare.org
ShareWell	sharewellnow.com/support-groups/grief
The Compassionate Friends	compassionatefriends.org

CHILDREN AND FAMILY SUPPORT: Center for Good Mourning Information

The Center for Good Mourning is a grief support and outreach program of Arkansas Children's Hospital in Little Rock, Arkansas. The mission of the Center for Good Mourning is to provide, improve and increase support and assistance given to bereaved children and families in Arkansas through education, program development and grief support programs. The Center offers eight-week grief support groups for children and families in the spring and fall of each year, community education on grief and loss issues, and intervention and education in schools regarding grief and loss. An innovative grief and loss electronic newsletter (available only via e-mail), *The Mourning News*, is published four times a year and is available for both professionals and nonprofessionals with an e-mail address anywhere in the world. For more information about grief, children and the Center for Good Mourning, to subscribe to *The Mourning News* or to contact the Center for Good Mourning, please go to www.goodmourningcenter.org.